

# HEART HEALTH INFORMATION RESOURCES

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## MID-MANHATTAN LIBRARY – HEALTH INFORMATION CENTER

455 Fifth Avenue, 2<sup>nd</sup> Fl., New York, NY 10016 (212) 340-0883

A variety of print and electronic information sources in the Health Information Center collection can be found on the subject of heart health. This pathfinder will help you locate selected materials electronically and in the reference and circulating stacks. This is only a small list of the materials and resources available in our collection. Consult the librarian for additional resources and for help utilizing the LEO Online Catalog.

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### *BOOKS*

#### **616.123 C**

Chung, Edward K. 100 QUESTIONS & ANSWERS ABOUT HEART ATTACK AND RELATED CARDIAC PROBLEMS. Jones and Bartlett Publishers, c2004.

#### **616.1205 A**

Taylor, Anne L., ed. THE AFRICAN-AMERICAN WOMEN'S GUIDE TO A HEALTHY HEART. Hilton Publishing Company, c2004.

#### **616.1205 B**

Sackner Bernstein, Jonathan and Kate Kelly. BEFORE IT HAPPENS TO YOU: A BREAKTHROUGH PROGRAM FOR REVERSING OR PREVENTING HEART DISEASE. Da Capo Press, c2004.

#### **616.1237 K**

Klingfield, Paul. THE CARDIAC RECOVERY HANDBOOK: THE COMPLETE GUIDE TO LIFE AFTER HEART ATTACK OR HEART SURGERY. HealthyLivingBooks, c2004.

#### **REF 612.17 R**

Romaine, Deborah S. and Randall, Otelio Sye. ENCYCLOPEDIA OF THE HEART AND HEART DISEASE. Facts on File, c2004.

#### **641.5631 F**

Forberg, Cheryl/American Medical Association. HEALTHY HEART COOKBOOK. Meredith Books, c2004.

#### **641.5631 P**

Piscatella, Joseph C. THE HEALTHY HEART COOKBOOK: OVER 700 RECIPES FOR EVERY DAY AND EVERY OCCASION. Black Dog & Levanthal, c2004.

#### **616.12 R**

Rippe, James M. HEART DISEASE FOR DUMMIES. Wiley, c2004.

#### **616.123 S**

Salgo, Peter. THE HEART OF THE MATTER: THE THREE KEY BREAKTHROUGHS TO PREVENTING HEART ATTACKS. Morrow, c2004.

#### **REF 616.12 H**

THE HEART, ARTERIES AND VEINS. 11<sup>th</sup> ed. McGraw Hill, c2004.

#### **616.123 C**

CORONARY HEART DISEASE. Johns Hopkins Medical Institutions/Medletter Associates, c2004.

**616.1205 M**

HEART ATTACK PREVENTION, Johns Hopkins Medical Institutions/Medletter Associates, c2004.

**616.1001 S**

STEDMAN'S CARDIOVASCULAR AND PULMONARY WORDS: INCLUDES RESPIRATORY, 4<sup>th</sup> ed. Lippincott Williams & Wilkins, c2004.

**616.132 H**

Houston, Mark. WHAT YOUR DOCTOR MAY NOT TELL YOU ABOUT HYPERTENSION: THE REVOLUTIONARY NUTRITION AND LIFESTYLE PROGRAM TO HELP FIGHT HIGH BLOOD PRESSURE. Warner Books, c2003.

**616.12 S**

Simontacchi, Carol N. and Frances E Fitzgerald. A WOMAN'S GUIDE TO A HEALTHY HEART. Contemporary Books, c2004.

***PERIODICALS***

There are many articles available on the subject of heart health; the following periodicals are a selection of the titles available in the Health Information Center periodical collection. Print periodicals are located on the 4<sup>th</sup> floor. Other articles relating to heart health are available electronically at <http://www.nypl.org/databases/> under the subject heading of "Health and Medicine".

THE AMERICAN HEART JOURNAL

CIRCULATION

HARVARD HEALTH LETTER

***INTERNET RESOURCES***

**AMERICAN HEART ASSOCIATION**

<http://www.americanheart.org>

A site covering many aspects of heart health including prevention, diagnosis and treatment. Features a CPR Class Locator. In Spanish and English.

**CARDIOLOGYCHANNEL**

<http://www.cardiologychannel.com>

Developed and monitored by board-certified physicians, this website features comprehensive information about conditions and diseases that affect the heart.

**THE DIFFERENCE IN A WOMAN'S HEART**

<http://adifferentheart.com>

This site, based on information from the American Medical Women's Association, describes the differences in heart disease between men and women. Discusses risk factors, prevention, diagnosis and treatment of heart disease in women.

**THE HEART: AN ONLINE EXPLORATION**

<http://sln.fi.edu/biosci/heart.html>

Developed by the Franklin Science Museum, this resource explains what the heart does and how it works.

**HEART INFO**

<http://heartinfo.org>

HeartInfo.org provides patient guides about heart attack, blood pressure, cholesterol, stroke, diet and more. Includes an interactive atlas, videos and animations that illustrate many cardiac health topics.