

# Diabetes

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Mid-Manhattan Library - - Health Information Center  
455 Fifth Avenue, 2<sup>nd</sup> floor, New York, NY 10016 (212) 340 – 0883

This is a select list of diabetes information sources available in Mid-Manhattan Library's Health Information Center. For browsing purposes, it may be helpful to know that the Dewey Decimal Classification System shelves subject matter concerning diabetes, under three general call numbers:

- **616.462** The bulk of our print resources on diabetes will be found under this call number. This call number contains books on the disease, its cause, prevention, and treatment.
- **362.1964** Books shelved within this number contain information on social issues of, and services to, people with diabetes.
- **641.5631** Books with this call number are cookbooks specifically written for diabetics.

The best way to focus your search on a specific aspect of diabetes is to do a subject search using the LEO catalog. Some examples of specific subject headings for diabetes include:

*Diabetes*  
*Diabetes - - Alternative treatment*  
*Diabetes - - Complications*  
*Diabetes - - Diet therapy*  
*Diabetes in children*  
*Diabetes - - Prevention*  
*Diabetes - - Psychological aspects*  
*Diabetes - - Treatment*

Remember, if you don't find what you need, ask a librarian for help.

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## ***BOOKS FOR GENERAL INFORMATION***

**616.462 W (Circulating Collection)**

**Walker, Rosemary A. Diabetes: A Practical Guide to Managing Your Health  
New York, NY: DK, 2004.**

**616.462 R (Circulating Collection)**

**Reed, James. Living with Diabetes: A Guide for Patients and Parents  
Roscoe, IL: Hilton Pub. Co., 2005.**

**616.462 M (Circulating Collection)**

**McQuown, Judith H. 1001 Tips for Living Well with Diabetes: Firsthand Advice That Really Works New York: Marlowe & Co., 2004.**

**616.462 A (Circulating and Reference Collection)**

**American Diabetes Association American Diabetes Association Complete Guide to Diabetes. New York, NY: McGraw-Hill, 2005.**

**616.462 D (Circulating and Reference Collection)**

**Guthrie, Diana and Guthrie, R. The Diabetes Sourcebook (5<sup>th</sup> edition). New York, NY: McGraw-Hill, 2004.**

**616.462 W (Circulating Collection)**

**Walker, Rosemary A. Diabetes: A Practical Guide to Managing Your Health New York, NY: DK, 2004.**

### ***COOKBOOKS FOR DIABETICS***

Just because you have diabetes, doesn't mean you can't enjoy fabulous food. The Health Information Center has many cookbooks, specifically for people with diabetes. These cookbooks can be found under the call number 641.5631. The subject heading for these books is *Diabetes – Diet therapy – Recipes*. A small sample of our mouthwatering cookbooks are listed below:

**641.5631 G (Circulating Collection)**

**Giedt, Frances. The Joslin Diabetes Great Chefs Cook Healthy Cookbook New York: Simon & Schuster, 2002.**

**641.5631 C (Circulating Collection)**

**Crocker, Betty. Betty Crocker's Diabetes Cookbook: Everyday Meals, Easy As 1-2-3 New York: Wiley, 2003.**

### ***BOOKS FOR SOCIAL PROBLEMS OF, AND SERVICES TO, PEOPLE WITH DIABETES***

If you have diabetes and you're wondering what social services are available to patients with diabetes, be sure to browse through the call number 362.1964. Books in this call number deal with the social problems of, and services to, people with diabetes. Some examples of books in this call number are:

**362.1964 D (Circulating Collection)**

**Dawson, Leslie Y. How to Save Up to \$3000 a Year On Your Diabetes Costs Alexandria, VA: American Diabetes Association, 2004.**

**362.1964 F (Circulating Collection)**

**American Diabetes Association. A Field Guide to Type 1 Diabetes Alexandria, VA: American Diabetes Association, 2002.**

## ***PERIODICALS***

In print, on the fourth floor of the Mid-Manhattan Library, we have several periodicals devoted to the subject of diabetes. If you want to browse the current issues of the following publications, simply ask for the current issue, at the periodical desk, on the fourth floor. If you want to browse through older copies of the following periodicals, use the LEO catalog to find out how far back our holdings are kept and whether they're kept as microfilm or bound editions. Both microfilm and bound editions are kept on the fourth floor. Ask a librarian if you need help.

*Diabetes*, published monthly by the American Diabetes Association

*Diabetes Forecast*, published monthly by the American Diabetes Association

*Diabetes Self Management*, published bimonthly by Imagimedica Productions

## ***ELECTRONIC DATABASES***

The New York Public Library subscribes to a number of electronic databases that index health periodicals and provide users with citations, abstracts, and full-text articles on a full range of health topics. The following health databases can be accessed from any branch of The New York Public Library or from an outside computer, provided the computer has Internet access and the user has a valid library card. All of the databases can be accessed by going to <http://www.nypl.org/databases/> and clicking on "Health & Medicine."

### **Clinical Pharmacology**

Provides up-to-date, concise and clinically-relevant drug monographs for all U.S. prescription drugs, hard-to-find herbal and nutritional supplements, over-the-counter products and new and investigational drugs.

### **Health and Wellness Resource Center and Alternative Health Module**

Provides integrated access to medical, health, and wellness information through a Web interface. Included in the database are full-text magazines, journals, and pamphlets from a wide variety of medical sources as well as "Gale Encyclopedia of Medicine".

### **Health Reference Center Academic**

Health-related magazine and newspaper articles on diseases, medicine, public health, occupational health & safety, alcohol and drug abuse, HMOs, and insurance.

### **Health Source: Consumer Edition**

Full text for journals including *Consumer Reports on Health* and *Men's Health*, as well as abstracts and indexing for general health, nutrition and professional health care publications.

### **Health Source: Nursing / Academic Edition**

Includes scholarly full text journals focusing on many medical disciplines.

## ***WORLD WIDE WEB RESOURCES***

### **American Diabetes Association**

<http://www.diabetes.org>

Founded in 1940, the mission of The American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. This website provides information on all aspects of diabetes including prevention, research, advocacy, community programs and local events, and a special section for parents and kids.

### **Centers for Disease Control and Prevention: Division of Diabetes Translation**

<http://www.cdc.gov/diabetes>

The Division of Diabetes Translation translates diabetes research into daily practice. Their website provides information on diabetes related data and trends, projects, state based programs, as well as basic information on diabetes and its complications and preventative tips.

### **Juvenile Diabetes Research Foundation International (JDRF)**

<http://www.jdrf.org>

The Juvenile Diabetes Research Foundation International (JDRF) provides information on living with a diabetes diagnosis, information on JDRF's research efforts, and opportunities to become an advocate.

### **MedlinePlus: Diabetes**

<http://www.nlm.nih.gov/medlineplus/diabetes.html>

This website, a service of the U.S. National Library of Medicine and the National Institutes of Health, compiles current, authoritative information from government agencies and health-related organizations. Users will find information on all aspects of diabetes, including but not limited to, the latest news, broad overviews, prevention, treatment, financial issues, clinical trials, law and policy, statistics, and gender and age specific information.

### **National Diabetes Information Clearinghouse (NDIC)**

<http://diabetes.niddk.nih.gov/index.htm>

The National Diabetes Information Clearinghouse (NDIC) is an information dissemination service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). This website provides information on treatments, complications, statistics, clinical trials, as well as some select easy-to-read publications.

### **NOAH, New York Online Access to Health, Diabetes**

<http://www.noah-health.org/en/endocrine/diabetes/>

This website provides a portal to carefully selected diabetes websites. These links have been chosen by librarians and health professionals in New York and beyond for their high quality in terms of authoritativeness, currency, lack of bias, and relevancy.

